


## National COVID19 Restriction Summary 14.5.21

Monday 17<sup>th</sup> May sees several restrictions across the UK eased by the devolved Governments. It is very important to be aware of any specific local issues or restrictions set by local authorities or councils.

### England:



The Government has confirmed that Step 3 of the roadmap out of lockdown will commence as planned on 17 May. From this date all indoor and outdoor sports and leisure facilities will be able to open. In addition to the activities permitted under Step 2, organised indoor sport and physical activity, including group exercise, can resume. Organised indoor sport is exempt from gathering limits and can take place with any number of participants, where operating under approved guidance. However, the number of people permitted in a venue is subject to existing guidance around ventilation and capacity limits.

Outdoors, organised sport can continue without limits on participation numbers, where taking place under sport-specific guidance and informal sport and physical activity will be subject to gathering limits of 30 people.

From Step 3 spectators will be permitted outdoors on public and private land in groups of up to 30. Indoors, spectators are permitted in groups of up to six people, or two households, and count towards the overall capacity limit of a venue.

You are permitted to travel to take part in sport and physical activity and car sharing and coach and minibus hire is also permitted, subject to guidance on safer travel.

From 17<sup>th</sup> May:

- **Indoor:** Indoor gatherings of either six people (the 'rule of six') or two households can take place. Organised indoor adult and children sport and physical activity can return (including exercises classes) subject to sport-specific guidance. For organised indoor sport and physical activity, there's no limit on group numbers so long as people adhere to capacity restrictions on indoor facilities. The maximum occupancy of each indoor facility should be limited by providing a minimum of 100 sq ft per person
- **Outdoor:** Up to 30 people can meet outdoors. Organised outdoor sport and physical activity can take place in any numbers, subject to sport-specific guidance.
- **All Sports Facilities** can open, including changing rooms: organised adult sport and exercise classes can restart indoors
- **Spectators:** Spectators will be permitted to view events on both public and private land in Step 3, but need to adhere to social distancing rules and social gathering limits (groups of 30 outdoors and six people/two households indoors). Spectators are allowed indoors, but the total number of all participants, coaches, officials and spectators must be aligned with the ventilation rates permitted by the particular venue. During Step 3, there should not be more than 1,000 spectators indoors at any venue.
- **Hospitality:** All Indoor and Outdoor Hospitality can re-open, including pubs, bars and restaurants
- **Hotels, hostels and B&Bs** can reopen, with overnight stays allowed within the UK in groups of up to six people or two households
- **Theatres,** concert halls, conference centres and stadiums can all reopen, with larger events operating at reduced capacity
- **Travel:** Car sharing will be permitted in Step 3 for sport and physical activity. The ban on international travel will end and people will be free to travel to all green list countries (stricter measures remain in place for amber and red countries).
- **Face coverings** no longer required in schools; twice weekly testing to remain in place, along with year bubbles and social distancing measures

- **Social distancing:** People will have the choice on whether to socially distance with close family and friends or not. Wider social distancing rules will remain in place in adult social care, medical, retail, hospitality and business settings.
- Limits on numbers attending **funerals** will be removed, in line with other restrictions on how many can be safely accommodated at venues

In line with fellow BEF members, the recommended number of friends and family accompanying riders is now increased, with the proviso that this does not exceed 6 people or 2 households for indoor venues in line with the Government guidance.

Sport England advice:

[https://www.sportengland.org/how-we-can-help/coronavirus/return-play/frequently-asked-questions-national-coronavirus?section=step\\_3\\_-\\_from\\_17\\_may](https://www.sportengland.org/how-we-can-help/coronavirus/return-play/frequently-asked-questions-national-coronavirus?section=step_3_-_from_17_may)

From 21<sup>st</sup> June:

Further easing of restrictions are anticipated on 21<sup>st</sup> June, with changes to the working from home guidance, social distancing and spectator numbers.



### **Northern Ireland:**

Northern Ireland's lockdown restrictions are to be eased further from 24<sup>th</sup> May, including the opening of indoor hospitality after a review on the 20<sup>th</sup> May, the lifting of the 'stay local' message and a full return to outdoor sport and indoor club training from 24<sup>th</sup> May, followed by a return to indoor competitive sport from 31<sup>st</sup> May. From 21<sup>st</sup> June, restrictions on audiences in seated theatres and other venues will be removed.

Current restrictions:

#### **Sporting activity**

- Outdoor sports facilities may open for training, with up to 15 people (including coaches) able to take part in structured training through clubs or individuals affiliated to a recognised sporting governing body. Up to 10 people (including children) from a maximum of two households can meet for casual outdoor exercise or sport activity.
- Lead rein sessions may be delivered at the discretion of the venue/organiser/proprietor with a dedicated risk assessment and appropriate risk mitigation in place.
- Sporting events with return to sport protocols from a sport governing body may only be held for elite athletes (indoor and outdoor).
- Outdoor sport for the purpose of physical education or extra-curricular activity for a school (outdoor only) is permitted.
- Any sporting activity must be done behind closed doors, no spectators permitted.
- Exercise may be done with up to 10 people from two households.
- Indoor facilities should remain closed.

#### **Socialising and other**

- Up to 10 people (including children) can meet outdoors. Up to six people from two households can meet indoors in a non-domestic setting.
- Households can form a bubble with one other household, which can be any size but indoor meetings are restricted to ten people, including children. If you are in a bubble, you shouldn't have close contact with anyone from a third household.
- Only essential retail may open, and car, caravan, motorhome and agricultural machinery sales, garden centres/plant nurseries and car washes have been added to this category.
- Food may be offered for take away only.

#### **Travel and other**

- Travel should be kept to your local area.
- Food may be offered for take away only.

<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>



### **Scotland:**

The First Minister announced an easing of restrictions from 17<sup>th</sup> May as all of mainland Scotland moves to Alert Level 2 (except Moray and Glasgow, which remain at Level 3). Orkney, Shetland, the Western Isles, the Highland islands with the exception of Skye, and the Inner Hebrides islands in Argyll will move to Level 1.

The changes see continued progression to the full resumption of activity, with the aim to move to Alert Level 1 from 7<sup>th</sup> June and Alert Level 0 by the end of June.

from 17th May 2021.

- Outdoor social gatherings of up to eight people from eight households permitted
- Indoor social gatherings allowed – up to six people from three households
- Outdoor Sports bubbles up to 50 participants allowed with a daily total of 5000. Contact sports permitted for children and adults.
- Indoor Sports bubbles dependant on facility and risk assessment
- Spectators are permitted at events which meet Scottish Government Events guidance requirements. Further clarity on spectators at organised sport events is being sought by Horse Scotland.

Guidance from Horse Scotland: [Covid-19 | Horsescotland](#)



### **Wales:**

Wales moves to alert level 2 from May 17<sup>th</sup>.

- Organised outdoor activities and sport for up to 30 people can again take place which means equestrian competition may resume. Staff and Officials outside the Arena are not counted in the group size of 30. Multiple groups of 30 at large venues are possible but must not mix or interact. 'Headcount' limit does not include children under 11.
- Up to 6 adults from 6 households can meet indoors in pubs, cafés and restaurants
- Overnight stays in self-contained accommodation is permitted (including horse boxes with facilities) with own household or bubble.
- Indoor gyms, leisure centres and fitness facilities can reopen, including the use of indoor arenas.
- Children's indoor activities will be permitted, with no specified limit on numbers.
- Organised indoor activities for adults, limited to a maximum of 15 people.
- international travel can resume

Note: "Indoor Schools" in Wales are classed as indoor facilities, however "covered arenas" with more than 50% open sides are classed as outdoors.

[Current restrictions: summary | GOV.WALES](#)

### **Helpful websites:**

BEF COVID update (including financial support for businesses and self-employed:  
[COVID update: Home nations in lockdown - News - British Equestrian](#)

Sport England - <https://www.sportengland.org/news/what-new-national-lockdown-means-sport-and-physical-activity-england>

sportscotland - <https://sportscotland.org.uk/covid-19/>

horsescotland - <https://www.horsescotland.org/covid-19support>

Sport Wales - <https://www.sport.wales/media-centre/latest-news/taking-part-in-sport-and-exercise-in-wales-the-guidance/>