

BRONZE AWARD 1

OBJECTIVES

- * Make controlled transitions
- * Ride independently from the rest of the ride
- * Start to be actively involved in the care of ponies

RIDING AND ROAD SENSE

1. Mount and dismount from a mounting block and receive a leg up, both from either side.
2. Sit straight and balanced in the saddle.
3. Lengthen and shorten stirrups before mounting.
4. Check girth before and whilst mounted.
5. Ride in rising trot.
6. Ride upward and downward transitions:
 - Halt to walk
 - Walk to trot
 - Trot to walk
 - Walk to halt
7. Make changes of rein and circles in walk.
8. Simple exercises (ride to and touch named markers, ride in and out of a line of cones).
9. Know how the pony positions his feet when he halts "square".
10. Be able to ride exercises independently (front to rear of ride; as leading file)
11. Be able to do simple physical exercises with pony held, without stirrups at halt (ankle turning, leg swinging)
12. Show how to ride along a mock-up road, cross a road, and say 'thank you'.

13. What's Behind Me; identify pictures held up behind the rider, whilst walking off the lead rein.
14. Know there is a correct sequence to give right and left hand signals.
15. Know which items are important to take on a hack.

HORSEMASTERSHIP

16. Approach and handle a pony correctly.
17. Catch a pony in the field and put on a headcollar or halter.
18. Lead a pony in a headcollar, turn him and lead back.
19. Name simple points of the pony (ears, mouth, nostrils, withers, hindquarters and hooves).
20. Recognise the hoof pick and mane comb.
21. Show how to use a dandy brush or a plastic curry comb.
22. Be able to take off a bridle and hang it up.
23. Name different parts of the bridle.
24. Know three types of food ponies eat (grass, hay and nuts).
25. Know that ponies need shelter from sun, flies and cold, driving rain.