



Example Timetable for C Test Ride at a Four Day Camp

Day One

10:00 – 11:30 Flat Work

Revise aids, increase pace and decrease, introduce or revise rhythm and tempo.

12:00 – 13:00 Horse and Pony Care

Feeding

13:00 – 14:00 Lunch

14:15 – 15:30 Show Jumping

Starting with poles and linking to the rhythm taught in the morning

16:00 – 16:30 Tack cleaning

Day Two

10:00 – 11:30 Grid Work

Work towards a balanced position over small fences.

12:00 – 13:00 Horse and Pony Care

How to put on a saddle and bridle properly, learning about correctly fitting tack, including doing up a flash nose band and curb chain.

13:00 – 14:00 Lunch

14:15 – 15:30 Cross Country

Including riding up and down hill, how to ride in open countryside and a smooth progression from one fence to another.

16:00 – 16:30 Tack cleaning

Day Three

10:00 – 11:30 Flat Work

Work on balanced and independent seat, canter work (aids and sequence of legs) and some riding school drill

12:00 – 13:00 Grid Work

Practising position

13:00 – 14:00 Lunch

14:15 – 15:30 Pole work

Trotting poles for rhythm, then laid out as a course to practise the turns and approaches without jumping

16:00 – 16:30 Tack cleaning

Day Four

10:00 – 11:30 Flat Work

Independent work in the open without a marked arena, checking control through better aids, and helping balance by attention to rhythm

12:00 – 13:00 Horse and Pony Care

Indications of health, how to clean minor wounds and which wounds require veterinary attention.

13:00 – 14:00 Lunch

14:15 – 15:30 Mounted Games

16:00 Prize Giving