



Return to Riding Plan

Phase 1 and 2 - Riding and Online Competitions

Horses and ponies can be exercised from home with a focus on safety and getting horses and riders fit. If local government restrictions permit (non-essential travel for example), one-to-one coaching and some online competitions may be possible.

Advice for All



If you have any symptoms or suspect you may have been exposed to the virus please stay at home



Ensure you stay at least 2 metres away from other people at all times



Remember we have a duty of care to each other

Advice for Members



Ensure your horse/pony is fit enough for the activity you are doing



Ride within your ability



Be considerate of others and follow Government advice at all times

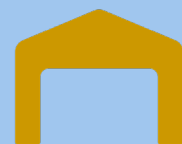
Advice for Clubs



Complete The Pony Club's COVID-19 risk assessment in addition to your existing templates



A parent/guardian must be present at any one-to-one coaching - but at a safe distance



Check regional restrictions before using covered arenas

For the latest guidance see our website:

 pcuk.org/coronavirus

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