## **Gold Award 1**

## **Riding & Road Sense Assessment Sheet**



Date:

Assessor:

Branch/Centre/Venue:

Name	1. Hold the reins	<b>6.</b> Be able to ride	8. Have control	13. Know how to	1. Hold the reins in
	in one hand.	independently in	over pony when	overtake	one hand.
	2. Exercises in	the open (e.g. in a collecting area at	jumping a small course of jumps	stationary vehicles.	2. Exercises in
	sitting trot without	a show).	in the open.	veriloies.	sitting trot without
	stirrups.	a 511511).	in the open.	<b>14.</b> Know how to	stirrups.
		7. Be able to ride	10. Take part in	ride around	
	3. Understand	in walk, trot and	mounted games.	roundabouts.	3. Understand and
	and start to	canter in a large			start to establish
	establish rhythm	open space on a	<b>11.</b> Know how to	<b>15.</b> Know roads	rhythm and tempo
	and tempo in trot.	well-behaved	ride across	signs and police	in trot.
	A Harafard and	pony.	farmland.	signals.	4 11
	<b>4.</b> Use of seat and	9. Show correct	12. Show how to	<b>16.</b> Know how to	<b>4.</b> Use of seat and
	leg and hands to increase and	position at gallop.	open gates.	pass hazards.	leg and hands to increase and
	decrease pace.	position at gallop.	open gates.	pass nazarus.	decrease pace.
	400.0400 paoo.			17. Know how to	
	5. Know how to			use a T-junction	5. Know how to
	correct canter			Major to Minor	correct canter
	leads.			and Minor to	leads.
				Major road.	