Gold Award 1

Riding & Road Sense Assessment Sheet

Assessor:

Branch/Centre/Venue: Date:

Name	**1.** Hold the reins in one hand. **2.** Exercises in sitting trot without stirrups. **3.** Understand and start to establish rhythm and tempo in trot. **4.** Use of seat and leg and hands to increase and decrease pace. **5.** Know how to correct canter leads.	**6.** Be able to ride independently in the open (e.g. in a collecting area at a show). **7.** Be able to ride in walk, trot and canter in a large open space on a well-behaved pony. **9.** Show correct position at gallop.	**8.** Have control over pony when jumping a small course of jumps in the open. **10.** Take part in mounted games. **11.** Know how to ride across farmland. **12.** Show how to open gates.	**13.** Know how to overtake stationary vehicles. **14.** Know how to ride around roundabouts. **15.** Know roads signs and police signals. **16.** Know how to pass hazards. **17.** Know how to use a T-junction Major to Minor and Minor to Major road.	**1.** Hold the reins in one hand. **2.** Exercises in sitting trot without stirrups. **3.** Understand and start to establish rhythm and tempo in trot. **4.** Use of seat and leg and hands to increase and decrease pace. **5.** Know how to correct canter leads.