

## **SILVER AWARD 2**

### **OBJECTIVES**

- \* Start to develop a balanced seat
- \* Become more involved in looking after ponies

### **RIDING AND ROAD SENSE**

1. Mount from the ground or a mounting block.
2. Be able to adjust the stirrups at halt.
3. Know how to carry a whip in either hand.
4. Demonstrate sitting trot.
5. Make changes of rein and circles in sitting and rising trot.
6. Know the sequence of legs in trot.
7. Be able to ride as leading file.
8. Be able to walk and trot in poised position over poles.
9. Ride over a short course of poles on the ground in trot.
10. Know what checks should be made before riding on the road.
11. Understand the importance of Look - Signal - Look Again (Life Saver Look) - Manoeuvre.
12. Know how to signal left and right.
13. Understand the importance of amber in a traffic light sequence.
14. Be able to name the important items that should be taken on a hack and suitable places to ride.

## **HORSEMASTERSHIP**

15. Be able to stand the saddle on the ground correctly.
16. Know how to use the body brush on the pony's face, mane and tail.
17. Be able to pick out the pony's feet.
18. Recognise different markings on the face.
19. Name some breeds of native ponies.
20. Be able to name the types of food ponies eat.
21. Know the difference between good and bad field fences.
22. Know how to provide water in a field.