

National COVID19 Restriction Summary

With local lockdowns increasing, many areas across the country are subject to different and rapidly changing restrictions. The summary below applies to general national conditions, please check your local council restrictions carefully.

Some local councils have allowed sport and leisure activities to continue in local lockdown areas provided they are organised by a National Governing Body, such as The Pony Club, in a risk assessed COVID-19 secure environment. Please ensure you check your local council restrictions carefully and follow them accordingly.

Pony Club activities are not essential travel and are not permitted within a local lockdown area where sporting activities are prohibited or where essential travel only restrictions have been put in place by local government.

Summary of general national conditions (superseded in some areas by local restrictions)

Updated: **16.10.20**

	England (see tier summary below)	Northern Ireland	Scotland	Wales
Social Gathering (for un-organised leisure or sport)	<p>“Rule of 6”, any gathering of more than 6 people in England is illegal, unless it meets one of the exemptions. Applies <u>indoors</u> and <u>outdoors</u>.</p> <p>Organised, COVID-secure activity run under “return to play” protocols allowed with greater numbers.</p> <p>Pubs, restaurants and bars close at 10pm</p>	<p><u>Indoors:</u> No mixing of households in private dwellings, no more than 6 in a private garden from maximum of 2 different households. Children under 12 not counted in total.</p> <p><u>Outdoors:</u> Informal leisure activities permitted outdoors up to 15</p> <p>No organised contact sport involving household mixing.</p> <p>Organised recreational and sporting activity allows greater numbers, must be risk-assessed and <i>“take all reasonable measures to limit the transmission of the coronavirus”</i></p>	<p><u>Indoors:</u> Only 1 household or extended household in private home, up to 6 people from up to 2 households in public indoor space.</p> <p><u>Outdoors:</u> up to 6 people / 2 households. Does not include under 12yrs. Outdoors, 12-17yrs old must keep to limit of 6 people, but exempt from 2 household limit</p> <p>Indoors and out: Cannot meet more than 4 other households each day. (12-17yrs only 1 other household at a time but no limit to total households during day)</p> <p>Pubs, restaurants and bars close at 10pm</p>	<p><u>Indoors:</u> same household or extended household only, up to 6, not including children under 11 or carers</p> <p><u>Outdoors:</u> Up to 30 allowed, with social distancing, from any number of different households.</p>
Social Distancing	2m or 1m plus mitigating measures	2m or 1m plus mitigating measures	2m Under 11yrs not required 12-17yrs allowed contact during a “field of play bubble”	2m or 1m plus mitigating measures
Face Covering	Public transport, shops, indoors where social	Public transport, shops for over 13s	Public transport, shops, indoors	Indoor public spaces for everyone over 11. Includes

	distancing may be difficult.			coaches indoors but not riders
Travel	Any	No unnecessary travel should be undertaken	Any	Proposal to allow children to travel in or out of a lockdown area for sport, but non-essential travel discouraged.
Riders	Up to 6 informally, larger number for risk-assessed, COVID secure organised activity	Up to 15 informally, larger number for organised activity	2 households ride together up to 6 people. 30 allowed for organised activity	Up to 30 can assemble " <i>with all reasonable measures taken to mitigate risks</i> "
Coaches	Organised training numbers subject to risk assessment	Organised training numbers subject to risk assessment	Organised group coaching up to 30, multiple sessions allowed during day provided groups don't mix	Socially distanced groups up to 30, no limit on number of sessions per day
Venues	Total numbers based on risk assessment to maintain COVID secure environment.	Total numbers based on risk assessment to maintain COVID secure environment. No indoor sport of any kind	Organised training or competitions up to 30, multiple sessions allowed during day provided groups don't mix. Multiple sessions of bubbles of 30 allowed, up to 200 per day. No adult indoor contact sport	Maximum of 30 on site at any one time, including officials. Separate groups of 30, not a rolling number. 30 allowed for large indoor spaces - 100sq ft per person (3m ² for swimming pool)
Covered Arenas	Yes	Yes	Yes	Yes – classed as an indoor facility
Spectators	Parent, guardian, coach only	Parent, guardian, coach only	Parent, guardian, coach only	Parent, guardian, coach only
CPD	Organised, socially distanced CPD, subject to risk assessment..	15 person limit does not apply to gathering organised by responsible person	Up to 30 outdoors or covered arena	Up to 30 outdoors or covered arena
Source of information	https://www.gov.uk/government/publications/coronavirus-covid-19-meeting-with-others-safely-social-distancing	https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you	https://www.gov.scot/coronavirus-covid-19/ https://www.horsescotland.org/equestrianphaseguidance	https://gov.wales/coronavirus-regulations-guidance

Local Lockdown / Restriction Guidance as of 16.10.20

England:

- Tier 1: applies to the current set of conditions set out in the table above
- Tier 2: Members will still be able to take part in organised, COVID secure activities.
- Tier 3: Members may still be able to travel for training and competition within a restricted zone, depending on local council restrictions, but they should not travel outside of the area unless for work or school. The restriction on non-essential travel is advisory, not mandatory.

Government local restrictions guidance available here:

<https://www.gov.uk/government/collections/local-restrictions-areas-with-an-outbreak-of-coronavirus-covid-19>

Sport England advice: <https://www.sportengland.org/how-we-can-help/coronavirus/return-play/frequently-asked-questions-return-sport-and-activity>

	Tier 1 Medium Risk	Tier 2 High Risk	Tier 3 Very High Risk
	To check which Tier applies you can use this post code checker: https://www.gov.uk/find-coronavirus-local-restrictions		
Pony Club Phase	Pony Club Phase 4 (Training and competitions run in a controlled and regulated environment)	Pony Club Phase 4 (Training and competitions run in a controlled and regulated environment)	Pony Club Phase 1 & 2 (Riding from home and online competitions)
Restriction	<ul style="list-style-type: none"> • 10pm curfew for bars, pubs and restaurants • Gatherings of more than six people banned, apart from some settings such as funerals and weddings 	<ul style="list-style-type: none"> • Mixing of households indoors not allowed • Two households can meet in a private garden - rule of six and social distancing rules apply 	<ul style="list-style-type: none"> • Mixing of households indoors and outdoors, not allowed, including in private gardens • Pubs and bars to close • Restaurants, and pubs that can operate as restaurants, allowed to stay open • Closure of gyms, betting shops, casinos, hairdressers and beauty salons to be a local government decision. • Non-essential shops, schools, universities remain open • Avoid non-essential travel • Travel outside area advised against
Training and Competition	Can train and compete in an organised, COVID secure setting. Should not travel into Tier 3 areas to take part in sport. Under 18-s exempt from restrictions on supervised indoor sport at all coronavirus alert levels	Can train and compete in an organised, COVID secure setting ("Covered Arenas" are not classed as indoor facilities). Should not travel into Tier 3 areas to take part in sport. Recommended travel is minimised where possible.	May be possible to train and compete in an organised, COVID secure setting within the restricted area but travel outside not advised. Does not apply to disability sport, sport for educational purposes or supervised sport for under-18s.

Northern Ireland:

New restrictions from 6pm 16th October, extending the half term and restricting pubs and restaurants. Allowed sporting events can continue, however some areas may have travel or additional restrictions, details can be found here: <https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-and-localised-restrictions>

Scotland:

Areas with additional restrictions may include the prohibition of non-essential travel. Pony Club activity would not be classed as essential. Latest update is that the agreed "Covered Arena" report still stands for the five NHS areas, therefore the "covered arena space" can be used under the Outdoor Sport and Leisure Activity guidance. <https://www.gov.scot/publications/coronavirus-covid-19-local-measures/>

Wales:

Details on areas with additional restrictions can be found here: <https://gov.wales/local-lockdown> The restrictions may include no non-essential travel and no mixing of households. Pony Club activities would not be classed as essential travel, but the first minister has made a commitment to allowing travel for youth sporting activities. Cross-border travel from very high-risk areas in other countries will be prohibited.