# Tetrathlon Shoot Covid Risk Assessment

## Event or Activity
- Prevention of infection from Coronavirus.

## Location

## Date

## OS Map Grid Reference

### 1. Infection from virus transferred by failure in social distancing.
- **Hazard**
  - (What is the injury and how can the injury occur)
  - Infection from virus transferred by failure in social distancing.
- **Risk controls already in place**
  - (What is currently being done to prevent the injury occurring)
  - • A briefing must take place to remind PC members of the correct controls and actions to take. Members and chaperones must be briefed in advance not to attend if they or members of their household are self isolating, have a temperature, are feeling ill or are experiencing any Covid-19 related symptoms.
  - • Coaches and appointed persons must ensure compliance with current Government guidelines, including guidelines for social distancing, with support from parents, helpers and other responsible persons present.
  - • PC members who repeatedly or wilfully fail to comply will be asked to leave the event or activity.
  - • As Pistol Shooting events will be indoors, masks should be worn by everyone present.
  - • Where necessary or helpful consider putting markings on the floor to ensure social distancing can be observed and enforced.
  - • Use the briefing, signs and notices to remind users to wash hands regularly and avoid touching their face.
- **People involved or exposed**
  - • PC Members
  - • Coaches
  - • Parents
- **Further Action Required**
  - (What more needs to be done, who is responsible and when)
  - • PC Branches and Centres must check that all of the risk controls are in place, or add them here to be implemented.

### 2. Infection from virus transferred by contact between people at initial arrival and signing in/payment/greeting
- **Hazard**
  - (What is the injury and how can the injury occur)
  - Infection from virus transferred by contact between people at initial arrival and signing in/payment/greeting
- **Risk controls already in place**
  - (What is currently being done to prevent the injury occurring)
  - • Payment and registration for event or activity to be remote or online.
  - • No hand shaking or hugging when greeting.
  - • Un-necessary people to be restricted from watching or being close to the event or activity.
  - • Surfaces such as gate locks, handles or commonly touched surfaces such as firing point tables and target holders should be cleaned regularly with household disinfectants.
  - • Briefing and reminder notices to encourage regular hand washing and social distancing.
  - • Put markings on the floor to ensure social distancing can be observed and enforced where necessary.
  - • Plan for staggered arrival and departure times for participants to reduce congestion and numbers of people present.
  - • All people must wash their hands or use hand sanitizer immediately as they arrive and leave.
- **People involved or exposed**
  - • PC Members
  - • Coaches
  - • Parents
- **Further Action Required**
  - (What more needs to be done, who is responsible and when)
  - • PC Branches and Centres must check that all of the risk controls are in place, or add them here to be implemented.
| 3 | Infection from virus transferred by contact between people in Toilets /Hand wash areas. | • Use alternate male urinals.  
• Use signs and notices to remind users to wash hands regularly and avoid touching their face.  
• Put markings on the floor to ensure social distancing can be observed and enforced.  
• Area to be cleaned regularly following cleaning guidelines.  
• Consider ‘one-in-one-out rule’ for smaller toilet rooms | • PC Members  
• Coaches  
• Parents | PC Branches and Centres must check that all of the risk controls are in place, or add them here to be implemented. |
| 4 | Infection from virus transferred by contact between people when administering first aid. | • Normal first aid hygiene and contamination control practices should be followed.  
• Where it is not possible to maintain a 2 metre distance away from an individual, disposable gloves are recommended. Disposable gloves should be worn if physical contact is likely to be made with potentially contaminated areas or items.  
• A mask may be worn if there is a risk of contact from droplets being coughed from an individual being treated.  
• Clean your hands thoroughly with soap and water or alcohol sanitiser before putting on and after taking off PPE.  
• It is recommended to avoid mouth to mouth breathing to a non-breathing adult casualty, only administer chest compressions.  
• In a child chest only compressions are unlikely to be successful, hence mouth to mouth breathing may be required a face shield should be worn if available.  
• Good hygiene should be followed when administering first aid.  
• Updated first aid guidelines to be followed when providing resuscitation to a casualty.  
• Should you have given mouth-to-mouth ventilation there are no additional actions to be taken other than to monitor yourself for symptoms of possible COVID-19 over the following 14 days.  
(It should be noted that Coronavirus is a mild disease in most people, but a casualty who is not breathing or their heart has stopped is definitely going to die, hence the risk should be balanced) | • PC Members  
• Coaches  
• Parents  
• First Aiders | PC Branches and Centres must check that all of the risk controls are in place, or add them here to be implemented. |
| 5 | Infection from virus transferred by contact between people in kitchens /social areas. | • All non-shooting interaction should take place outside with indoor kitchen and social areas closed off. | • PC Members  
• Coaches  
• Parents | PC Branches and Centres must check that all of the risk controls are in place, or add them here to be implemented. |
| 6 | Infection from virus transferred by contact between people during shoot coaching or competition activity. | • Coaches and members must remain at least two metres apart. Loaders should only be from the same household as the shooting member.  
• Tables at the firing point and target holders must be cleaned regularly with appropriate household cleaning products. Multiple users of shared pistols must sanitise their hands before handling the pistol or its case. Before they hand over the pistol and case to the next user, they should re-santitise their hands, the pistol and the case.  
• The numbers of attendees at an event must be kept to a number where social distancing can take place effectively. Firing points in use must be at least 2 metres apart.  
• Put markings on the floor in areas where congestion or queues may form to ensure social distancing can be observed and enforced.  
• Use signs and notices to remind users to wash hands regularly and avoid touching their face. Range Officers/Coaches should sanitise hands before and after touching any member’s pistol or other equipment. | • PC Members  
• Coaches  
• Parents | PC Branches and Centres must check that all of the risk controls are in place, or add them here to be implemented. |
With the exception of pistols, shared equipment should not be used. Each member must supply their own pellets, hearing and eye protection. Where possible, members should bring their own supply of targets. Members should fully charge pistol air cylinders before arrival and bring their own supply of air if recharging is likely to be required.

- No hand shaking or hugging when greeting. Members and loaders should wash or sanitise their hands using appropriate hand sanitiser when entering the range and before leaving the range.

### Infection from virus transferred by contact between people during transfer or materials or objects.

- Use the minimum amount of shared items such as clipboards, pens etc.
- Use signs and notices to remind people to wash hands regularly and avoid touching their face.

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### Infection from virus transferred by contact between people during travel.

- Travelling should be undertaken with people from the same household.
- Travel should remain as local as possible.

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