

Lungeing Test Assessors Comment Sheet

Assessor..... Venue/Branch.....

Date.....

	Safety	Discussion Points	Lungeing for Exercise
Name of candidate	<ol style="list-style-type: none"> 1. Check the lunge area for safety 2. Demonstrate best practice for your personal safety and the safety of others 3. Demonstrate best practice for equine safety 4. Check the required equipment for safety 5. Handle equipment correctly and effectively 6. Be dressed safely to lunge 	<ol style="list-style-type: none"> 7. Discuss the value and limitations of lungeing 8. Explain how learning theory (pressure and release) affects the way you might lunge 9. Recognise and discuss problems that may arise during lungeing, with reference to learning theory and use of the voice (classical conditioning) 10. Discuss why equine welfare must be monitored during lungeing 11. Discuss how to progressively train a horse on the lunge to get the correct response (shaping) 12. Describe why artificial surfaces need to be kept in good working order 	<ol style="list-style-type: none"> 13. Fit the lunge cavesson correctly, checking the size 14. Fit the side reins, adjusting them to the correct height and length 15. Lead the tacked up horse or pony to the lungeing area 16. Use clear commands 17. Demonstrate a safe and effective position while lungeing 18. Show safe and effective use of the lunge rein, whip, and voice 19. Warm the horse up with the side reins not attached to the bit 20. Show appropriate use of side reins 21. Use an appropriate size of circle and include changes of rein 22. Work the horse, maintaining a suitable rhythm, tempo, and balance using appropriate exercises 23. Lunge the horse for a sufficient length of time to show exercise which will maintain health and fitness 24. Cool the horse off, allowing the horse to stretch 25. Discuss the quality of work shown, recognising the correct or incorrect way of going, including rhythm and suppleness of the horse 26. Remove lungeing equipment safely