

<b>APPENDIX A1 - MINIMUM FIRST AID COVER AT PONY CLUB COMPETITIONS</b>		Appointed Person	First Aid Point	Trained First Aider	Qualified First Aider	EMT	Paramedic / Doctor	Ambulance	Pool Lifeguard	
<b>ALL RALLIES (INCLUDING CROSS COUNTRY)</b>		✓	✓	✓						
<b>FUN / SPONSORED RIDES (INCLUDING JUMPING)</b>		✓	✓	✓						
<b>MOUNTED GAMES</b>	Practices & Rallies	✓	✓	✓						
	Branch Events & Area Competitions	✓	✓		✓					
	Zones & National Finals	✓	✓	✓			✓	✓		
<b>POLO</b>	Practices & Rallies	✓	✓	✓						
	Competitions & Championships	✓	✓	✓			✓	✓		
<b>POLOCROSSE</b>	Practices, Rallies & Training Days	✓	✓	✓						
	Tournaments	✓	✓	✓			✓			
	Championships	✓	✓	✓			✓	✓		
<b>PONY RACING</b>	Rallies	✓	✓	✓						
	Pony Club Race Days	✓	✓			✓	✓	✓		
<b>DRESSAGE*</b>	Practices & All Competitions	✓	✓	✓						
	<b>Regional &amp; National Championships</b>	✓	✓	✓						
<b>SHOW JUMPING – RISK ASSESSMENT REQUIRED</b>	Practice	✓	✓	✓						
	Branch Event	✓	✓	✓						
	Branch Event with Open class equivalent to PC 100 (Intermediate) or greater	✓	✓	✓	✓					
	Area Competitions		✓	✓	✓	✓				
		<b>More than 175</b>	✓	✓			✓	✓	✓	
	<b>Regional Championships</b>	✓	✓	✓	✓				✓	
National Championships	✓	✓			✓	✓	✓			
<b>CROSS COUNTRY (INCLUDING HUNTER TRIALS &amp; ARENA EVENTING)</b>  <small>VEHICLE ACCESS TO ALL PARTS OF THE COURSE IS ESSENTIAL DURING CROSS COUNTRY PHASE.</small>	Practice	✓	✓	✓						
	Branch Event PC 70 or PC 80	Up to 50	✓	✓	✓	✓				
		More than 50	✓	✓		✓	✓		✓	
	Branch Event - PC 90 (Novice)	✓	✓			✓		✓		
	Branch Event - PC 100 (Intermediate) or PC Open	✓	✓			✓	✓	✓		
	Area Competitions	✓	✓			✓	✓	✓		
	<b>Regional &amp; National Championships</b>	✓	✓			✓	✓	✓		
<b>TETRATHLON*</b>	Run*	✓	✓	✓						
	Swim	✓	✓						✓	
	Shoot	✓	✓	✓						
<b>ENDURANCE*</b>	Less than 10 km	✓	✓	✓						
	More than 10 km – at each vet gate			✓						
<b>CAMP*</b> - Please see corresponding note below for more info.		✓	✓	✓						

**Notes:**

1. The ambulance must be able to reach all parts of the ground where the activity is taking place. This may mean that a 4WD vehicle is required, particularly if there are any concerns around ground conditions. A 4WD vehicle must be capable of transporting an injured person on a stretcher that can be securely fastened to the vehicle i.e. the vehicle must be either purpose built or specially adapted for the purpose of transporting injured people. If the ambulance is required to leave the ground for any reason (e.g. to transport a seriously injured person to hospital) the type of activity that requires the presence of an ambulance must stop unless there is another ambulance with suitably qualified personnel on the ground. At large competitions (e.g. Area or nationals) organisers may wish to consider having two vehicles on the ground.

2. The doctor or paramedic must have access to a set of standard resuscitation drugs and analgesia that can be given without authorisation. The reason for having personnel present who are trained to a higher standard than an emergency medical technician is so that additional care can be provided that may be lifesaving. These personnel should also be capable of providing care and advice to members with a suspected concussion.

**ADDITIONAL GUIDELINES FOR INDIVIDUAL SPORTS / ACTIVITIES**

**Fence Judges at Cross Country Events:** Fence judges should also be asked to make a note of any unconsciousness, whether a patient is slow to get up or seems unsteady on their feet, as these may provide clues as to a concussion. If possible on the day, the Appointed Person or First Aid Provider could have the opportunity to talk to the fence judges at the briefing. At that briefing, the first aid provider should make fence judges aware of how to approach a patient and how to ask for help.

**Tetrathlon, Swimming Phase:** Details on Lifeguard qualifications are given in the Tetrathlon Rulebook.

**Tetrathlon, Running Phase:** It is recommended that the medical cover provided for the Cross Country phase be retained. Should this not be possible, a Trained First Aider should be in attendance.

**Endurance:** A Trained First Aider should be present at the start and finish of the course, and at each vet gate.

**Camp:** The minimum first aid cover for Camps in the above table indicates the minimum cover required during the running of camps. Additional first aid cover will be required depending on the activities organised during camp. For more information, please refer to specific Sports for the minimum first aid cover required for each activity.