

## **C+ Test Riding Assessors Comment Sheet**

Assessor	Venue/Branch
Date	

	Safety	Welfare	Training Ponies
	Curoty	Responsibilities	Training Formes
Name of candidate	1. Talk about how you would keep yourself safe when riding 2. Explain how to keep others, including the ponies/horses, safe when riding in a group	3. Describe what it feels like to ride a pony or horse that is lame  4. Talk about what it feels like to ride a pony or horse that is tired  5. Describe what it feels like to ride a pony or horse that is stressed  6. List the dangers of overworking a pony or horse that is overweight or unfit	<ol> <li>List the first three points in the Scale of Training</li> <li>Explain negative reinforcement (pressure and release) and give one example of how it applies to ridden work</li> <li>Discuss how you would recognise a correct response from your pony/horse to the aids</li> <li>Give one example of how and when you could use positive reinforcement (scratching, food) in training ponies/horses during ridden work.</li> <li>Discuss the advantages and disadvantages of using positive reinforcement in training</li> <li>Give an example of a behavioural problem and how you might correct it</li> <li>Talk about the disadvantages of using the whip or spurs as an aid</li> <li>Explain the importance of timing when correcting a pony's/horse's mistake</li> <li>Explain the importance of monitoring a pony's/horse's level of stress or excitement when training</li> <li>Explain to the importance of progressive /easy achieve steps when training ponies/horses</li> </ol>



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	Riding				
Name of candidate	17. Discuss the advantages to your pony/horse of maintaining a correct riding position  18. Work towards a correct, supple, balanced position  19. Ride a variety of turns and circles demonstrating rider straightness and balance of the pony/horse that is suitable for its stage of training  20. Ride a variety of transitions, showing increase and decrease of pace including a balanced change of leg at canter through trot and be able to talk about the pony/horse during these transitions  21. Show 'turn on the forehand', from halt, in both directions  22. Know the aids for, and show, leg yielding at walk  23. Ride with reins in one hand	25. 26. 27.	Describe the response to the aids of the pony or horse that you are riding  Describe the extent to which the pony/horse that you are riding is working forwards in a suitable rhythm and tempo, relaxed and calm  Comment on the suppleness of the pony/horse that you are riding  Understand the reasons for the tack and equipment the pony/horse you are riding is wearing  If spurs are worn, explain the reasons why	30. 31. 32. 33. 34.	Ride with stirrups of a suitable length for undulating ground and jumping  Work towards a correct, supple, balanced position over fences  Jump a variety of show jumping and cross-country fences, including combination fences (maximum height, 80 cm)  Jump up and down slopes  Identify which of the fences you jumped was the best and explain why Understand and discuss distances for trotting poles on the ground for the pony/horse you are riding  Understand and discuss distances for a two-stride double for the pony/horse you are riding  Explain what is meant by the term 'related distances between fences'  Show and/or discuss the immediate care of your pony/horse on finishing the cross country