

Return to Riding Plan

Phase 1 and 2 - Riding and Online Competitions



Horses and ponies can be exercised from home with a focus on safety and getting horses and riders fit. If local government restrictions permit (non-essential travel for example), one-to-one coaching and some online competitions may be possible.

Advice for All



If you have any symptoms or suspect you may have been exposed to the virus please stay at home



Ensure you stay at least 2 metres away from other people at all times

2_m



Remember we have a duty of care to each other

Advice for Members



Ensure your horse/pony is fit enough for the activity you are doing



Ride within your ability



Be considerate of others and follow Government advice at all times

Advice for Clubs



Complete The Pony Club's COVID-19 risk assessment in addition to your existing templates



A parent/guardian must be present at any one-to-one coaching - but at a safe distance



Check regional restrictions before using covered arenas

For the latest guidance see our website:



pcuk.org/coronavirus





Return to Riding Plan

Phase 3 - Riding in Small Groups



If local government restrictions permit, one-to-one coaching and online competitions can continue. Restricted small group lessons can start, mounted and unmounted, being mindful of fitness and ability of ponies and riders.

Advice for All



If you have any symptoms or suspect you may have been exposed to the virus please stay at home



Ensure you stay at least 2 metres away from other people at all times

2m



Follow the current advice for your region/country

Advice for Members



Ensure your horse/pony is fit enough for the activity you are doing



Ride within your ability



Be considerate of others and follow Government advice at all times

Advice for Branches and Centres



Complete The Pony Club's COVID-19 risk assessment in addition to your existing templates



Restricted small group lessons - max number in arena (to include coach) based on region. At least one additional adult should be present



Check regional restrictions before using covered arenas

For the latest guidance see our website:



pcuk.org/coronavirus





Return to Riding Plan

Phase 4 - Training and Competitions



If local government restrictions permit, group lessons can continue and competitions may be possible.

Advice for All



If you have any symptoms or suspect you may have been exposed to the virus please stay at home



Ensure you stay at least 2 metres away from other people at all times



Follow the current advice for your region/country

Advice for Members



Ensure your horse/pony is fit enough for your activity and ride within your ability



Minimise time at an event and limit your support team



Be considerate of others and follow Government advice at all times

Advice for Branches and Centres



Complete The Pony Club's COVID-19 risk assessment in addition to your existing templates



Maintain a controlled and regulated environment



Ensure hygiene procedures and protocols are in place

For the latest guidance see our website:



pcuk.org/coronavirus

