

Venue _____ Date _____

Work In On Your Own Horse & riding School Movements	Ride an Unfamiliar Horse on the Flat
<ol style="list-style-type: none"> 1. Maintain a suitably balanced and independent position at walk, trot and canter. 2. Show a progressive build-up of exercises based on your assessment of the horse's way of going. 3. Apply correct aids to promote balance and maintain the horse's way of going. 4. Discuss how you feel the horse is going today using the Scales of Training as a template, including your assessment of the forwardness, tempo and balance. 5. Show consideration for safety when riding alone and in groups. 6. Maintain a suitably balanced and independent position at walk, trot and canter, and without stirrups. 7. Demonstrate school movements including loops, serpentines and circles down to 10 metres. 8. Discuss and show the aids for half-halts, medium trot, rein back leg yield and half pirouette 9. Show progressive exercises towards all movements. 10. Discuss how you feel the horse is going today using the Scales of Training as a template, including your assessment of the forwardness, tempo and balance. 11. Show consideration for safety when riding alone and in group 	<ol style="list-style-type: none"> 12. Maintain a suitably balanced and independent position at walk, trot and canter. 13. Show a progressive build-up of exercises based on your assessment of the horse's way of going. 14. Apply correct aids given to help maintain the horse's balance and quality of pace. 15. Discuss how you feel the horse is going today using the scales of training as a template, and including your assessment of the forwardness, tempo and balance. 16. Discuss the quality of paces and acceptance of the aids. 17. Show consideration for safety when riding alone and in groups
Candidate	Comments / Notes

Assessor Name: _____

Venue _____ Date _____

<p align="center">Jump a Round of Show Jumps (fences approximately 90cm)</p>	<p align="center">Jump a Cross Country Round (fences approximately 90cm)</p>
<p>18. Maintain a suitably, balanced and independent position between and over fences.</p> <p>19. Ride a round of show jumps including a double and related distances.</p> <p>20. Show the correct aids for the pace and turns required to ride a fluent and balanced round.</p> <p>21. Manage and discuss appropriately the challenges presented during the round.</p> <p>22. Assess the round and the balance of the horse during the round.</p> <p>23. Explain the distances between trotting poles, a placing pole to a fence and a one stride double. (Distances to be given in metres, yards or feet).</p> <p>24. Show consideration for safety when riding alone and in groups.</p>	<p>25. Show an understanding of the reasons for and the effect of the bit and tack being used.</p> <p>26. Maintain a suitably balanced, independent position for cross country, including gallop when conditions allow.</p> <p>27. Ride up and down banks and hills in trot and canter at a speed suitable for the level of training and fitness of the horse.</p> <p>28. Demonstrate bold but controlled riding showing the correct aids for the pace, speed and lines required for the varied fences. This should be at a rhythm, pace and balance suitable for the horse, relating to the terrain and ground conditions.</p> <p>29. Ride a cross country round which may include drops, doubles, technical fences, up or down hill.</p> <p>30. Manage and discuss appropriately the challenges presented during the round.</p> <p>31. Assess the cross country round.</p> <p>32. Show consideration for safety when riding alone and in groups.</p>
<p>Candidate</p>	

Assessor Name: _____