

Lunge Test Feedback Sheet

Not all boxes need to be filled in. Only where there is a clear point for action when a candidate has not achieved the level required to be successful or a candidate has shown an exceptional ability in a particular area.

All the criteria in bold must be achieved if the candidate is to achieve the level of this test.

Candidate Name: _____ Date: _____

Branch/Centre: _____

Overall Result	Withdrawn		Achieved		Not Achieved	
Safety (Dismounted Discussion)			Comments			
1. Check the lunge area for safety						
2. Demonstrate best practice for your personal safety and the safety of others						
3. Demonstrate best practice for equine safety						
4. Check the required equipment for safety						
5. Handle equipment correctly and effectively						
6. Be dressed safely to lunge						
Discussion Points (Dismounted discussion)			Comments			
7. Discuss the value and limitations of lungeing						
8. Explain how learning theory (pressure and release) affects the way you might lunge						
9. Recognise and discuss problems that may arise during lungeing, with reference to learning theory and use of the voice (classical conditioning)						
10. Discuss why equine welfare must be monitored during lungeing						
11. Discuss how to progressively train a horse on the lunge to get the correct response (shaping)						
12. Describe why artificial surfaces need to be kept in good working order						
Lungeing for Exercise			Comments			
13. Fit the lunge cavesson correctly, checking the size						
14. Fit the side reins, adjusting them to the correct height and length						
15. Lead the tacked up horse or pony to the lungeing area						
16. Use clear commands						
17. Demonstrate a safe and effective position while lungeing						

18. Show safe and effective use of the lunge rein, whip, and voice	
19. Warm the horse up with the side reins not attached to the bit	
20. Show appropriate use of side reins	
21. Use an appropriate size of circle and include changes of rein	
22. Work the horse, maintaining a suitable rhythm, tempo, and balance using appropriate exercises	
23. Lunge the horse for a sufficient length of time to show exercise which will maintain health and fitness	
24. Cool the horse off, allowing the horse to stretch	
25. Discuss the quality of work shown, recognising the correct or incorrect way of going, including rhythm and suppleness of the horse	
26. Remove lungeing equipment safely	

Additional Comments	
Assessor's Name:	Assessor's Signature: