



**THE PONY CLUB
STANDARDS OF EFFICIENCY
TEST SHEET 2016**

‘C+’ RIDING

GENERAL

The Efficiency Tests provide a staircase of knowledge and progression when taken in sequence.

Before taking the C+ Test, candidates must have passed the C Test and The Pony Club Road Rider Achievement Badge or BHS Ride Safe Test. Riders may be required to change horses or ponies for some flat work.

OBJECTIVE

- To become an educated and practical rider.
- To ride over fences at all paces.
- To gain practical experience and knowledge of the care of a stabled pony and of a pony at grass.
- To be capable of riding a well-mannered pony out hunting and in all Pony Club activities.
- To ride intelligently and with due regard for others on the roads and in the country, and with a knowledge of pace, distance and discipline when riding alone and in groups.

RIDING

1. Working towards a correct, supple, balanced position on the flat and over fences.
2. Comment on the suppleness of your own horse.
3. Discuss horses' response to the aids and any loss of balance.
4. Apply aids correctly for increase and decrease of pace, turns and circles.
5. Turns on the forehand from the halt.
6. Stand still. Salute.
7. Free walk on a long rein or with a loose rein.
8. Change of leg at canter through trot and talk about balance of the horse.
9. Know the aids for and show leg yielding at walk.
10. Ride with reins in one hand.
11. Ride up and down steep hills and banks.
12. Jump a variety of fences show jumping and cross country.
13. Jump up and down hill.
14. Identify which fence was jumped the best and why.
15. Jump doubles.

What you need to know:

(This is likely to relate to the horse or pony you are riding)

16. Understand the reasons for the equipment the horse or pony is wearing.
17. Discuss the advantages of a correct position.
18. Name the Scales of Training.
19. Discuss whether the horse or pony is working forwards in a suitable rhythm and tempo.
20. Understand the meaning of suppleness in a horse or pony.
21. Know the sequence of legs at all paces.

READ

The Manual of Horsemanship

So You Want to Buy a Pony?

The Country Code - The Countryside Commission

Pony Guide File

Achievement Badge Buddies: Lorinery, Cleaning Tack

Equipment Safety Achievement Badge Syllabus

VIEW

DVDs: Stable Management Series (Handling and Leading, Health and Condition)

Road Rider

Minimum age: 13 years

Felt Colour – Burgundy