

Resources for Coaches

Books and articles

- Equitation Science International shop
 - Numerous resources (hard copy books, ebooks, videos, DVDs, and apps) at a range of price points
 - <https://esi-education.com/shop/>
- Horses Hate Surprise Parties – A book for young riders about the science behind horse training; offers simple explanations of the principles of equitation science and provides an evidence-based insight into how the horse thinks, learns and behaves; includes useful training exercises and fun facts
 - Equitation Science International book, soon available to purchase in UK
 - https://www.amazon.com.au/Horses-Hate-Surprise-Parties-Equitation/dp/0645470600/ref=sr_1_4?crid=3K88BVDQMTQH5&keywords=horses+hate+surprise+parties&qid=1668741237&qu=eyJxc2MiOilwLjAxliwicXNhIjojMC4wMCIslInFzcCI6IjAuMDAifQ%3D%3D&srefix=horses+hate+surpise+parti%2Caps%2C285&sr=8-4
- Academic Horse Training: Equitation Science in Practice. Andrew & Manuela McLean
 - <https://esi-education.com/shop/>
- Equitation Science, 2nd edition. Andrew McLean, Paul McGreevy, Janne Whinther, Christensen & Uta König von Borstel
- Modern Horse Training: Equitation Science Principles & Practice. Volumes 1–4. Andrew McLean
 - <https://esi-education.com/shop/>
- The Ridden Horse Pain Ethogram. Dyson S. Equine Veterinary Education. March, 2021
 - <https://beva.onlinelibrary.wiley.com/doi/abs/10.1111/eve.13468>

Videos (available online)

- Introduction to learning theory; Dr. Andrew McLean (48 mins)
 - https://www.youtube.com/watch?app=desktop&v=C_cyBcvQV4&feature=youtu.be
- Negative Reinforcement Introduction; Dr. Andrew McLean (~2.5 mins)
 - <https://www.youtube.com/watch?app=desktop&v=Ewbw8b-UJHA>
- What is Positive Reinforcement in horse training?; Dr. Andrew McLean (~2 mins)
 - <https://www.youtube.com/watch?v=Rx1C9XYjcWs>
- Understanding our horses' behaviour and how they learn; World Horse Welfare webinar, Dr. Gemma Pearson (main presentation: 6:00 –28:00)
 - <https://www.youtube.com/watch?app=desktop&v=uBAysXdZnbM>
- Myth busting: Is my horse being a pain or in pain? World Horse Welfare webinar, Dr. Sue Dyson and Rosa Verwijs
 - <https://www.youtube.com/watch?v=22kU71-7Dtc>
- How to know if your horse is happy. World Horse Welfare webinar, Dr. Natalie Waran
 - <https://www.youtube.com/watch?v=-FG3dmsXg0>
- How to provide a good life for horses: Friends, freedom, and forage. World Horse Welfare webinar, Dr. Natalie Waran
 - <https://www.youtube.com/watch?v=zH-HgekkGxQ>
- Recognising pain in our ridden horses and the impact of rider weight. World Horse Welfare webinar, Dr. Sue Dyson
 - https://www.youtube.com/watch?v=X-nNiGU_Jmg

- Pony Club Australia's Equitation Science videos
 - <https://www.youtube.com/playlist?list=PL4Q7XD6c-GOgqb865LVyR2fldQcRlrF4W>
- Don't Break Your Vet series; Dr. Gemma Pearson
 - Introduction: <https://www.youtube.com/watch?v=JnwrDMsQGx0&feature=youtu.be> (<1 min)
 - Easy injections: <https://www.youtube.com/watch?v=MRAIdnQmzak&feature=youtu.be> (6.5 mins)
 - Learning to stand still: <https://www.youtube.com/watch?v=kp5nFwziBkE> (4.5 mins)
 - Calm clipping: <https://www.youtube.com/watch?v=OjoaUeZO5CA> (7.5 mins)
 - Leading and trotting up: <https://www.youtube.com/watch?v=LstjAjSqFoc> (5 mins)
 - Happy heads (ear-shy horses): <https://www.youtube.com/watch?v=34e53LQCylM&feature=youtu.be> (5 mins)
 - Clicker training: <https://www.youtube.com/watch?v=n6V35th1Mbo> (5 mins)
 - Worry-free worming: <https://www.youtube.com/watch?v=-wqrHYyyf9w&feature=youtu.be> (4 mins)
- The 24 Behaviors of the Ridden Horse in Pain: Shifting the Paradigm of How We See Lameness; Dr. Sue Dyson Documentary (35 mins)
 - <https://www.youtube.com/watch?v=hrZqtrqbMVI>
- Pony Club Coaching Conference 2023 – Learning Theory Segment delivered by Dr Gemma Pearson
 - <https://youtu.be/dUSGhv9WwUo>