

C+ Test Riding Feedback Sheet

Not all boxes need to be filled in. Only where there is a clear point for action when a candidate has not achieved the level required to be successful or a candidate has shown an exceptional ability in a particular area.

All the criteria in bold must be achieved if the candidate is to achieve the level of this test.

Candidate Name: _____ Date: _____

Branch/Centre: _____

Overall Result	Achieved	Not Achieved	Withdrawn
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Safety (Dismounted Discussion)	Comments
1. Talk about how you would keep yourself safe when riding	
2. Explain how to keep others, including the ponies/horses, safe when riding in a group	
Welfare Responsibilities (Dismounted discussion)	Comments
3. Describe what it feels like to ride a pony or horse that is lame	
4. Talk about what it feels like to ride a pony or horse that is tired	
5. Describe what it feels like to ride a pony or horse that is stressed	
6. List the dangers of over-working a pony or horse that is overweight or unfit	
Training Ponies and Horses (Dismounted discussion)	Comments
7. List the first three points in the Scale of Training	
8. Explain negative reinforcement (pressure and release) and give one example of how it applies to ridden work	
9. Discuss how you would recognise a correct response from your pony/horse to the aids	
10. Give one example of how and when you could use positive reinforcement (scratching, food) in training ponies/horses during ridden work	
11. Discuss the advantages and disadvantages of using positive reinforcement in training	
12. Give an example of a behavioural problem and how you might correct it	
13. Talk about the disadvantages of using the whip or spurs as an aid	
14. Explain the importance of timing when correcting a pony's/horse's mistake	
15. Explain the importance of monitoring a pony's/horse's level of stress or excitement when training	
16. Explain the importance of progressive/easy-to-achieve steps when training ponies/horses	

Flatwork	Comments	
17. Discuss the advantages to your pony/horse of maintaining a correct riding position		
18. Work towards a correct, supple, balanced position		
19. Ride a variety of turns and circles demonstrating rider straightness and balance of the pony/horse that is suitable for their stage of training		
20. Ride a variety of transitions, showing increase and decrease of pace including a balanced change of leg at canter through trot and be able to talk about the pony/horse during these transitions		
21. Show 'turn on the forehand', from halt, in both directions		
22. Know the aids for, and show, leg yielding at walk		
23. Ride with reins in one hand		
24. Describe the response to the aids of the pony or horse that you are riding		
25. Describe the extent to which the pony/horse that you are riding is working forwards in a suitable rhythm and tempo, relaxed and calm		
26. Comment on the suppleness of the pony/horse that you are riding		
27. Understand the reasons for the tack and equipment the pony/horse you are riding is wearing		
28. If spurs are worn, explain the reasons why		
Jumping		Comments
29. Ride with stirrups of a suitable length for undulating ground and jumping		
30. Work towards a correct, supple, balanced position over fences		
31. Jump a variety of show jumping and cross-country fences, including combination fences (maximum height, 80 cm)		
32. Jump up and down slopes		
33. Identify which of the fences you jumped was the best and explain why		
34. Understand and discuss distances for trotting poles on the ground for the pony/horse you are riding		
35. Understand and discuss distances for a two-stride double for the pony/horse you are riding		
36. Explain what is meant by the term 'related distances between fences'		
37. Show and/or discuss the immediate care of your pony/horse on finishing the cross country		

May 2023

Additional Comments	
Assessor's Name:	Assessor's Signature: