



# Return to Riding Plan

## Phase 3 - Riding in Small Groups

If local government restrictions permit, one-to-one coaching and online competitions can continue. Restricted small group lessons can start, mounted and unmounted, being mindful of fitness and ability of ponies and riders.

### Advice for All



If you have any symptoms or suspect you may have been exposed to the virus please stay at home



Ensure you stay at least 2 metres away from other people at all times



Follow the current advice for your region/country

### Advice for Members



Ensure your horse/pony is fit enough for the activity you are doing



Ride within your ability

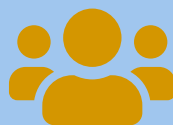


Be considerate of others and follow Government advice at all times

### Advice for Branches and Centres



Complete The Pony Club's COVID-19 risk assessment in addition to your existing templates



Restricted small group lessons - max number in arena (to include coach) based on region. At least one additional adult should be present



Check regional restrictions before using covered arenas

For the latest guidance see our website:

 [pcuk.org/coronavirus](https://pcuk.org/coronavirus)